

## **VC NORWICH RELIABILITY TRAIL 26th January 2014 COURSE SHEET**

Start at Horsford Church Rooms, Holt Rd, Horsford, NR10 3DE (mile 0)

Head north on B1149 from the Church Rooms and continue through village towards Holt, continue to roundabout with B1145 (6 miles) where right 3<sup>rd</sup> exit onto B1145 towards Aylsham.

After 8.5 miles turn left under bridge towards Aylsham town centre, past fire station turn right towards market place, in the market place bear left across the square, then left following signs to Cromer over hump back bridge through the village of Ingworth on Cromer road to Join A140 (12.3 miles), where left towards Cromer through Alby and Roughton where straight over 2 mini roundabouts staying on A140, through Northrepps where left onto A149 towards Cromer, stay on A149 dropping into Cromer where follow one way system onto Mount Street, follow this to Pedal Revolution where left onto A148 towards Holt (19.8 miles)

Continue on A148 through villages of Alymerton, Bodham and High Kelling at Holt Roundabout (29.5 miles) turn right 3<sup>rd</sup> exit continuing on A148 towards Kings Lynn pass through Letheringsett to Thursford where left onto B1354 (36.2 miles) towards Melton Constable, continue on B1354 to junction with B1110 (40.5 miles) at pigs Grave where left onto B1110 towards Holt, through the villages of Briningham and Thornage staying on B1110 to Holt Roundabout (43.3 miles) where right 3<sup>rd</sup> exit onto B1149 towards Norwich, stay on B1149 through village of Edgefield to saxthorpe roundabout (49.3 miles) where right 2<sup>nd</sup> exit staying on B1149 at next roundabout carry straight over 2<sup>nd</sup> exit (54 miles) staying on B1149 to village of Horsford and finishing at Horsford Church Rooms. (60 miles)

In an emergency or if you are not finishing please ring

Ian the organiser on 07931446065

You are expected to sort out your own mechanical problems